

Table 1: Advice for community-based midwives caring for women who have been contact traced but are asymptomatic for COVID-19

<ul style="list-style-type: none"> ➤ In all cases where a woman has been contact traced and is awaiting COVID-19 test results or has confirmed COVID-19, register the woman with the DHB for coordinated care and support. ➤ The DHB is responsible for supplying PPE and education on its use to community-based midwives as indicated below. ➤ Consult the advice on the use of PPE and the guidance for PPE use in maternity settings (www.health.govt.nz/ppe-health) on the Ministry’s website. 			
Less than 36w6d	Greater than 37w0d	Labour and birth	Postnatal
<p>Reschedule routine antenatal visits for once the woman has fulfilled the criteria outlined by the local PHU, but only if the midwife assesses that care can safely be deferred and the woman is <36+6 for the whole period.</p> <p>If the woman requires a visit, ensure she wears a surgical face mask and the midwife wears appropriate PPE.</p> <p>Provide advice on basic hygiene measures (refer to Ministry of Health website).</p> <p>If the woman becomes unwell, advise her to call Healthline, follow advice and inform midwife of advice. See Table 2 for care recommendations.</p> <p>Advise women to inform their midwife if the situation changes, for example if the woman or a family member becomes unwell.</p> <p>If the woman is anxious, undertake phone and video consultations.</p>	<p>Weekly visits from 37 weeks or according to usual schedule with the woman wearing a surgical face mask and the midwife wearing appropriate PPE. The midwife’s clinical judgement applies.</p> <p>Provide advice on basic hygiene measures (refer to Ministry of Health website).</p> <p>Advise women to inform their midwife if the situation changes, for example if the woman or a family member becomes unwell.</p> <p>Minimise time spent undertaking physical assessments.</p> <p>Provide phone and video consultations for time specific pregnancy education and information.</p> <p>If the woman becomes unwell, advise her to call Healthline, follow advice and inform midwife of advice. See Table 2 for care recommendations.</p>	<p>Labour and birth take place at home or at a secondary or tertiary maternity hospital, as per the woman’s preference.</p> <p>Midwife to advise hospital of COVID-19 status prior to admission.</p> <p>Primary maternity facilities are not equipped for the birth care of women who have been contact traced and so should be avoided.</p> <p>The LMC midwife remains responsible for labour and birth care. Consultations and transfers occur as per normal according to Referral Guidelines criteria.</p> <p>Midwife to wear appropriate PPE.</p> <p>Maintain social distancing except when required for clinical care.</p> <p>If the woman becomes unwell see Table 2 for care recommendations.</p>	<p>Home visits according to clinical need, specifically but not limited to:</p> <ul style="list-style-type: none"> ✓ Newborn metabolic screen ✓ Breastfeeding support ✓ Full top-to-toe clinical baby examination and weight within 7 days <p>The community-based midwife remains responsible for postnatal care.</p> <p>Woman to wear surgical face mask for visits and midwife to wear appropriate PPE for the clinical procedures being undertaken.</p> <p>Provide postnatal care, breastfeeding and parenting advice over the phone as much as possible.</p> <p>If the woman becomes unwell, advise her to call Healthline, follow advice and inform midwife of advice. See Table 2 for care recommendations.</p>