

22 April 2020

Safe Sleep Programme under COVID-19

COVID-19 Alert Levels 3 and 4 present additional risk factors for SUDI to occur.

Risk factors include:

- Overcrowding that can lead to infants in bed with parents, without a safe sleep device.
- Reduced income that may lead to increased stress on families and subsequent increased use of drugs and alcohol.

What you need to do:

- **Ensure the criteria for safe sleep distribution includes COVID-19 related risk factors.**
Advise all frontline staff (including LMCs, WCTO providers, Maternity Services and other referrers) that the criteria for safe sleep devices (wahakura and Pepi-Pod®) has been widened.
- **Ensure staff are trained appropriately.**
Ensure frontline staff working directly with whānau have completed the appropriate training on the [SUDI National Co-ordination website](#). For additional P.E.P.E resources please contact Nari Faiers (see contact details below).

Hāpai te Hauora can assist DHBs with accessing extra wahakura if more are needed.

For further information please contact Nari Faiers:

Nari.Faiers@hapai.co.nz or 021 916 872.

Thank you for your work in keeping families safe during this stressful time.