







# Personal protective equipment (PPE) used by community-based midwives for prevention of COVID-19

Midwives must telephone screen all women prior to any face to face visit







For women who do **not** have COVID-19, and are **not** in 14-day isolation; standard precautions are still required as per normal practice.

	 Hand Hygiene ‡	 Surgical Mask	 N95/P2 Mask	 Eye Protection*	 Gloves	 Fluid Resistant Gown or Plastic apron
People who are immunosuppressed	✓	✗	✗	✗	✗	✗
Providing non -contact cares	✓	✗	✗	✗	✗	✗
Providing cares that may involve exposure to blood, body fluids, secretions, excretions, touching oral mucosa, or medication assistance (including: taking blood or vaginal swabs, performing a stretch and sweep and first stage of labour)	✓	✗	✗	✗	✓	✓
During birth care (second and third stage)	✓	✓	✗	✓	✓	✓

For people caring for others who are confirmed or suspected COVID-19. In addition to standard precautions, apply contact and droplet precautions. Ask the **woman to wear a mask**, if possible, when providing cares.

	 Hand Hygiene ‡	 Surgical Mask	 N95/P2 Mask	 Eye Protection*	 Gloves	 Fluid Resistant Gown or Plastic apron
Providing care	✓	✓	✗**	✓	✓	✓

For people in **self-isolation** due to recent travel or contact with someone with confirmed, probable or suspected COVID-19; standard precautions still apply. Also use these precautions if a woman is generally unwell with a respiratory illness. Ask the **woman to wear a mask**, if possible, when providing cares.

	 Hand Hygiene ‡	 Surgical Mask	 N95/P2 Mask	 Eye Protection*	 Gloves	 Fluid Resistant Gown or Plastic apron
Providing care not involving contact with body fluids or oral mucosa	✓	✗	✗	✗	✗	✗
Providing cares that will have contact with blood, body fluids, secretions, excretions, touching oral mucosa, or medication assistance (including: taking blood or vaginal swabs, performing a stretch and sweep and first stage of labour)	✓	✓	✗	✗	✓	✓
During birth care (second and third stage)	✓	✓	✗	✓	✓	✓

**There is an assumption that DHB pandemic policies will cover off PPE guidance for hospital-based midwives.**

Please refer to guidance on donning and doffing of PPE and Ministry information on COVID-19.

[www.health.govt.nz/covid19-hp-resources](http://www.health.govt.nz/covid19-hp-resources)

\* Face shield or goggles. Prescription glasses are not classed as eye protection. Remember to clean reusable eye protection between use.

‡ Perform hand hygiene according to the 5 moment for hand hygiene

\*\* N95/P2 mask should only be used if aerosol generating procedures are performed